CPRE Norfolk continues to celebrate its **80th anniversary** with a second series of free Open Days at extraordinary places which have won CPRE Norfolk Awards. By showcasing some of the county’s exceptional landscape, restoration, education and architecture projects we hope to share good practice and knowledge with you, inspire ideas for your own projects and offer a fascinating day out!

**How to book**
Please take a look inside this brochure to see which CPRE Award winners are participating this spring. Tours will last about an hour unless stated otherwise in the brochure entry.

Please choose which venue you would like to visit, then email: opendays@cprenorfolk.org.uk or phone 07826 401506 stating:
- which venues you have chosen
- preferred date(s) and time(s)
- how many places you would like to book for each venue
- Please also provide a name and contact phone number.

You will receive confirmation of your booking, including directions to the venue.

Access: Accessibility for people with disabilities varies at each venue. Please call 07826 401506 for further information on access arrangements at any of the venues.

All the tours are free, but booking is essential.

<table>
<thead>
<tr>
<th>Open Days</th>
<th>Venue</th>
<th>Times of tours</th>
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<tbody>
<tr>
<td>Saturday 19 April</td>
<td>Seabank Cottage Cley-next-the-Sea</td>
<td>11.00am 2.00pm</td>
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<tr>
<td>Sunday 20 April</td>
<td>Itteringham Mill</td>
<td>2.00pm 4.00pm</td>
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<tr>
<td>Wednesday 23 April</td>
<td>White Cottage Fleggburgh (Workshop taster)</td>
<td>2.00pm</td>
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<tr>
<td>Saturday 26 April</td>
<td>Boughton Fen (Wildlife Walk)</td>
<td>8.00am 10.00am 12.00 midday</td>
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<tr>
<td>Sunday 27 April</td>
<td>Itteringham Mill</td>
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<tr>
<td>Saturday 3 May</td>
<td>Sedum House Gimingham</td>
<td>11.00am 2.00pm</td>
</tr>
<tr>
<td>Sunday 4 May</td>
<td>Little Ouse Headwater Project (Thelnetham)</td>
<td>2.00pm</td>
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**CPRE Norfolk 80th Anniversary Spring Open Days April 19 – May 4 2014**
Award-winning landscape, restoration, education and architecture projects

Visitors to venues do so at their own risk. CPRE Norfolk, the property owners or any other parties connected with this event shall not be held liable for injuries, accident or loss arising from this event. Sorry - no dogs.

**Booking:** opendays@cprenorfolk.org.uk Tel: 07826 401506
Seabank Cottage, Cley-next-the-Sea
Seabank cottage was a typical Norfolk coastal cottage suffering from damp, bad insulation, and draughts before a radical reordering of the interior, by architects Manolo and White, brought the cottage up to the latest sustainable standards, while leaving its external form intact. The design includes built in protection from flooding – tested in the 2013 floods – and extensive use of recycled and found materials alongside the most up-to-date technology, such as an air source heat pump. It has been published in a number of architectural journals.

(Please note parking is limited adjacent to venue. Alternative parking available in village, 20 minute walk, or use regular Coasthopper bus service)

Tour dates and times:
Saturday 19 April 11.00am and 2.00pm

Itteringham Mill
Itteringham Mill (built 1778) on the River Bure is a showcase for retro-fitted renewable technologies in old buildings. The current owners have installed a small-scale hydro-turbine to generate electricity, a water-sourced heat pump with underfloor heating, solar thermal panels for hot water, rainwater recycling, low energy lighting, improved insulation and energy efficient appliances. As a result the carbon footprint of the building is effectively zero. At the same time they have remodelled the building so that during the tour the beautiful setting can be fully appreciated from inside.

Tour dates and times:
Sunday 20 April 2.00pm & 4.00pm
Sunday 27 April 2.00pm & 4.00pm
Sunday 4 May 2.00pm & 4.00pm

White Cottage, Fleggburgh
White Cottage is the only cob and straw-bale hybrid house to have gone through building regulations in England. Due to popular demand the owners - who built the house - are opening their doors again this spring, but this time they are offering the exciting opportunity to attend hands-on ‘taster’ sessions for their cob-building workshops. Visitors will also enjoy a tour of this unique house in its beautiful setting next to Filby Broad.

(Two hour ‘taster’ practical workshops – please wear suitable clothes. Please note parking for this property is ¾ of a mile from the house, and is accessed from there by foot along a track)

Tour dates and times:
Wednesday 23 April 2.00pm
Wednesday 30 April 2.00pm

Boughton Fen (near Oxburgh)
The regeneration of this 44-acre Site of Special Scientific Interest has been achieved by the Boughton Fen Committee, a sub-committee of Boughton Parish Council, formed after the fen was classified as in ‘unfavourable condition’. Volunteers carried out scrub clearance, and rotational reed-cutting, and have created a boardwalk to provide access to the site. These wildlife walks will provide opportunities to spot or hear visiting birds including Cetti’s warbler, cuckoo, nightingale, marsh harriers, and bearded tits. Visiting otters may also be glimpsed as well as spring butterflies.

Tour dates and times:
Saturday 26 April 8.00am; 10.00am and 12.00 midday

Sedum House, Gimingham
When designing a new family house in 2003 the architect owner, Tom Ground, decided to bury it in a bank and make a pioneering example of an eco house. Sheltered in the earth, Sedum House is naturally super-insulated, and has a roofline that never rises above the hedgerow. A visit will provide opportunities to learn from several clever ideas - a woodburner that spins to face two different rooms, glass panels you can walk on, a whole-house ventilation system, a heat-recovery system and rainwater harvesting for the lavatories – and a beautiful living sedum roof.

Tour dates and times:
Saturday 3 May 11.00am & 2.00pm

The Little Ouse Headwaters Project
The Little Ouse Headwaters Project was established by local residents and remains a community-based project run entirely by volunteers. Over the last eleven years this inspirational project has bought or leased 65 hectares of land adjacent to the river, with the aim of creating a continuous corridor managed for wildlife conservation and quiet recreation. Early spring is an excellent time to explore the network of footpaths, and to learn more about the progress of the project from local volunteers.

Tour dates and times:
Sunday 4 May 2.00pm

Booking: opendays@cprenorfolk.org.uk Tel: 07826 401506